

# Mike Lowes CRSP

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## Summary

- Current CRSP Designation (10-3970)
- Passionate about Health and Safety.
- Believe in the power of a functioning *Internal Responsibility System*.
- Comfortable at all levels of supervision
- Excellent communication skills in large groups as well as individually.
- Strong analytical abilities.
- Can work independently or as part of a large team.
- Committed to continuous development as well as applying knowledge and experience to achieve results.

## Experience

2007-2010                      Bantrel                                      Fort Saskatchewan, AB  
HSE Lead – SUEX1 Expansion, Shell

- Managed the health and safety program for a large multi-trade workforce.
- Involved the project from initial civil work to turnover and completion.
- Conducted all company Environmental deliverables.
- Acted as the permit coordinator for all greenfield activities, including; civil/excavation, confined space, non-destructive testing, and hot work.
- Participated as an active Emergency Response Team member.

2006-2007                      Ledcor Industrial                                      Calgary, AB  
CWP Safety Professional

- Developed HSE portion of construction work plan packages.
- Collaborated with engineering and supervision group on constructability, work-face, and execution planning.
- Performed pre-qualification audits of all sub-contractors to be used on the project.
- Assisted in the necessary development of sub-contractors that did not meet the requirements as determined by the pre-qualification process.
- Participated in the mobilization of the project from planning to site.

2006-2006                      Nexen Inc.                                      Fort McMurray, AB  
SAGD Safety Coordinator – Long Lake Project

- Provided support and guidance to construction contractors as identified by document review, field audits, and incident investigations.
- Managed incident investigations and formal inspections of the water and steam portion of the SAGD project.
- Developed and implemented a database to be used by the project for tracking of all leading and lagging indicators.
- Created a database system that was utilized by the site medical centre to document all injuries/illnesses as well as provide statistical data to the project.

2005-2006 Tracer Industries Canada Fort McMurray, AB  
Project Safety Manager

- Managed the health and safety team for multiple construction contracts.
- Established trending for the previous two years to identify opportunities and developed a safety-management plan to rectify.
- Created and implemented a safety-intervention program to identify and redirect workers with repeat incidents.
- Collaborated with corporate safety in updating the health and safety manual to be in alignment with current laws and best practices.
- Constructed a corporate-wide database to track and trend all safety related data.

2005-2005 Commonwealth Const. Fort McMurray, AB  
Safety Professional – Syncrude UE-1 Expansion

- Acted as field safety for a multi-trade construction group in a brownfield environment.
- Developed and assisted in the implementation of systems to organize the health and safety program and incident information.

2004-2005 Chemco Electric Fort McMurray, AB  
Safety Manager – Syncrude UE-1 Expansion – D9 Block

- Worked directly with the Project Managers and Superintendents to ensure compliance with the prescribe safety policies and programs.
- Represented Chemco during weekly progress and client/contractor accountability meetings.
- Compiled and presented periodic safety statistics to senior company and client managers.
- Managed all direct-hire WCB claims, modified work, and return to work activities for approximately 1000 workers.
- Developed a safety management database encompassing claims management, modified/return to work activities, weekly safety meetings, weekly inspection compliance, training, as well as valuable statistics to aid supervision on their safety focus.
- Created a safety management database for the client (UE-1) to collect the data from all contractors and provide trending reports for the project.

2001-2004 Boise Cascade Corp. Barwick, ON  
Safety, Health, and Wellness Coordinator

- Acted in a plant senior management position while also involved in corporate activities.
- Developed, implemented, and provided training in various programs such as fall protection, confined space, hazard recognition, etc.
- Trained for and managed the behavior based safety program.
- Developed and maintained to plant health and safety policies to be in alignment with corporate policy as well as legislation.
- Performed internal and external audits to ensure a functioning internal responsibility system.
- Actively participated in the Safe Workplace Ontario safety group

committee.

- Trained and managed the internal high-angle and confined space emergency response teams.
- Implemented and managed cutting-edge computer based training systems.

2000-2001                      Boise Cascade Corp.                      Barwick, ON  
SOP Development and Training

- Developed, implemented, and facilitated numerous training modules, programs, including a comprehensive 12-week orientation system.
- Developed standard operating procedures for operation and maintenance of all areas of the process.
- Designed and maintained the internal intranet system to provide access to training and procedures.

1997-2000                      Boise Cascade Corp.                      Barwick, ON  
Manufacturing Team Coordinator

- Managed a production team with responsibilities for safety, quality, maintenance, and production.
- Utilized coaching skills, set expectations and followed up with workforce to achieve daily, quarterly, and annual deliverables.
- Performed scheduled and unscheduled inspections to ensure expectations had been met.
- Maintained a recordable incident rate of "0" for a period of two years.

Education                      2008                      Ryerson University                      Toronto, ON  
**Occupational Health and Safety**

1993                      Confederation College                      Thunder Bay, ON  
**Electronics General Servicing**

Additional  
Education

**ACSA**

- Leadership for Safety Excellence
- Supervisor Training in Accident Reduction Techniques
- Effective Claims Management
- Confined Space Awareness

**Confederation College**

- Introduction to PLC Logic (Programmable Logic Controllers)
- Blueprint Reading
- Working With Difficult People
- Time Management

**Boise Cascade Corp.**

- Behavior Based Safety Observation Program (Instructor)
- Lockout/Tagout (Instructor)
- Respiratory Protection (Instructor)
- Fall Protection (Instructor)
- Acts and Regulations (Instructor)
- Supervisory I
- Operative Leadership I, II, and III
- Standard Operating Procedure Development
- Total Quality / 5S
- Incident Investigations (Instructor)
- Violence / Substance Abuse in the Workplace
- Living With Shiftwork
- DDI Targeted Selection Interviewer

**Other**

- COAA Workforce Planning
- Fundamentals of Fall Protection (C.S.A. / Sulowski Fall Protection Inc.)
- Qualified Inspector of Fall Arrest Equipment (Sulowski Fall Protection Inc.)
- Principles of Effective Training (Transportation Safety Association)
- Fungus Among Us – Indoor Air Quality (IAPA)
- Framework for the Development of a Healthy Workplace (N.Q.I.)
- Physical Demands Analysis (Taylor'd Ergonomics)
- Bill C45 and Due Diligence
- EMS Professional Driver Improvement Course (Alberta Traffic Training & Consulting Incorporated)
- NFPA Technical Confined Space Rescue Certificate (Fire-Rescue Services)
- NFPA Technical High-Angle Rescue Certificate (Fire-Rescue Services)
- H2S Alive

Computer Skills

Advanced user in:

- Microsoft: Access, Word, Power Point, Excel, and Outlook
- Macromedia: Fireworks, Flash, and Dreamweaver

References

Available Upon Request